



Practice Policy and Procedure Statement W. Nicholas Abraham, M. Div., Ph.D, LPC-S

Qualifications— Doctor of Philosophy in Counseling from Marquette University in Milwaukee, WI. I hold a Professional License (#1991) to practice Counseling through the Board of Examiners, 8631 Summa Avenue, Baton Rouge, LA

Clients Served—Provides psychotherapy, psycho education and life coaching for individuals, couples, adolescents and families. Also offers group counseling and presentations.

Specialty Areas— Specializes in addiction (substance abuse), anxiety and depression, relationship growth, adolescent and adult developmental issues and sexual identity concerns. Further expertise in Men’s Health and Wellness issues. I am a Member of the Louisiana Counselor Association and the American Counselor Association. Certified in DISC, trained in Myers Briggs and Enneogram. For more information, go to www.nickabraham.net

What to Expect from Therapy and What I Expect from Clients—I follow 3 primary tracks simultaneously. On one track is providing compassion, empathy and human identification with the client. A strong believer in the “wounded healer concept” I draw extensively from my life’s journey and the wounds that have led to wisdom. I also employ a cognitive-behavioral model reframing life events and correcting core belief systems that have proven to be unhealthy in solving life’s problems. While the past can be healed and the present can be fulfilling, so too is the future one of both plans and mystery, imagination and living within limits. Goals for therapy are always established through collaboration with the client. The overall objective for therapy is the successful resolution of the memories, the moment and the starting with problems that are deemed the most important through that collaborative process. Homework is often assigned so the client works outside the therapeutic experience. Clients must make their own decisions regarding such things as deciding to marry, separate, divorce, reconcile and how to set up custody and visitation. That is, I will help you think through the possibilities and consequences of decisions, but my Code of Ethics does not allow me to advise you to make a specific decision.

Code of Ethics - I am required by law to adhere to the Louisiana Code of Ethics for Licensed Professional Counselors. A copy of this code is available upon request.

Fees, Office Procedures, Policies for Insurance Reimbursement Fee Schedule-

TYPE OF SESSION	DURATION	FEE
Initial Session – Individual	90 – 120 Minutes	\$240.00
Initial Session – Family / Couples	90 – 120 Minutes	\$300.00
Follow-up Session – Individual	45 – 50 Minutes	\$160.00
Follow-up Session – Family / Couples	45 – 50 Minutes	\$185.00
Group Session	75 – 90 Minutes	\$110.00

Cancellation Policy:

In the event that you must cancel a session, we require that *you call 24 hours prior to the session.* Failure to call 24 hours prior to your session (without reason of accident or health issues) will result in being charged for the missed session and will be charged to your credit card on file in our office.

Office space Policy: We maintain comfortable offices and want your surroundings to be as pleasant as possible while you are in therapy. We are unable to accommodate unattended children, age eleven (11) or below, in the waiting room for their safety and the comfort of our other patients.

Off Hours Appointments:

Appointments are scheduled by contacting this office during regular business hours (Monday through Friday 8:00 AM-5:00 PM). After hours appointments are available at an increased fee (25%). In case of an emergency outside of office hours, please note that you should call your Primary Care Practitioner, go to the nearest Emergency Room or call 911.

Insurance Reimbursement:

While happy to provide the appropriate form necessary in order for you to file the visit(s) with your insurance provider for direct reimbursement, fees are payable at the time of service.

Potential Benefits and Risks of Therapy

- 1. Studies suggest that counseling can lead to major life changes.
- 2. Changes in relationship patterns that may result from counseling may produce unpredicted and/or possibly adverse responses from other people in the client’s social system.
- 3. A result of counseling may be a realization on the part of the client that there are issues that may not have surfaced prior to the onset of the counseling relationship

Liability Limitations

For the legal protection of associates of Dr. Nick And Associates, you are asked limit any and all liability concerns to Dr. Nicholas Abraham.

Signature - I have read and understand the above information.

Client Signature	Date
Therapist’s Signature	Date

MINOR CLIENTS

If I am seeing minor clients (under 18), I need for you as Parent or Guardian to provide a parental authorization section.

I give permission to Dr. Nicholas Abraham to conduct therapy with my son/daughter.

Parent Signature _____